The Sabre 34 hull is constructed using a single unit hand laminated fiberglass molding. To meet specific strength and weight requirements the lay-up schedule includes three separate sections covering the keel to the turn of the bilge, the turn of the bilge to I foot above the waterline and I foot above the waterline to the sheer. When lay-up begins, one layer of 1 oz. mat plus 1 layer of 1.5 oz. mat are placed throughout the hull to provide strong and even support for the gelcoat finish. The remainder of the lay-up schedule consists of alternating ly oz. mat with 24 oz. roving and is listed below.

- Keel to the turn of the bilge: 5 lavers mat
  - 5 lavers roving

  - Turn of the bilge to 1 foot above the waterline:
    - 3 lavers mat
      - 3 lavers roving
  - One foot above the waterline to the sheer:
    - 2 lavers mat
    - 2 layers roving